

ARE YOU IN DOUBT ABOUT YOUR CURRENT EDUCATION?

- GET HELP TO BECOME MORE CLARIFIED

- What is your passion?
- What do you find really interesting?
- What would you like to use your education for?
- For how long time do you plan to study?
- Which study environment suits you?
- Do you want to take an English-speaking education?

- Are you studying to get good grades or learn something?
- How much time do you use to prepare for classes, group work, etc.?
- When is it "good enough"?
- Are you satisfied with your effort at your education – is there something you wish to change or adjust in the way you study?

- What have you learned during your education(s)? Look back through the course of your education until now, and look at what you have worked with in your projects, courses and other study activities – you can use a mind map for brainstorming.



- How much time do you use on preparation for classes and project work?
- How many hours do you spend on your study job?
- What do you spend time on aside from the study (sport, culture, vacation, family, boy/girlfriend, etc.)?
- Other obligations (kids, association work, etc.)?
- How much time do you need for spontaneous dates?
- Are you in doubt about what you spend time on?

- How high do you prioritise sports and free time interests?
- How often do you need to see your friends, your family and/or boy/girlfriend?
- Is it important for you to have time off in the weekends?
- How much do you work (study job, volunteering)?
- How important is your education compared to other things in your life?
- Do you prioritise your time to have enough room for the important parts?
- How much time should the academic take up in relation to the social?

- Is there a course, that you wish to focus on specifically/ find particularly interesting?
- What is your learning goal for this semester/course/ project?
- Do your learning goals align well with the objectives of your education? (see the curriculum)



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