

## Living and Building with light

Mikkel Bille, Associate Professor, Project leader: Living with Nordic Lighting



Roskilde Universitet THE VELUX FOUNDATIONS





#### Elements of Architecture

ASSEMBLING ARCHAEOLOGY, ATMOSPHERE AND THE PERFORMANCE OF BUILDING SPACES

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## Light as building material





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## From perception to attunements

HYGG

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#### Attuning atmospheres

"Those are the kind of small universes you can create, which to me is *hygge*. If you can create a tiny, tiny world for yourself and isolate yourself and say 'Now it is just me, and I don't know, a book or something, right?' So you light up *this* area, and this is where *I* am.

And it is great if there is sort of a small circle of darkness or at least darker illumination. Then you feel that 'now it is all about this point', and this is where we are concentrated. Shutting everything else out. Then nothing can stress or irritate or disrupt you [...]

The surrounding darkness is all of the sudden there, embracing you with, like, a cosy layer, duvet, or cover. An embrace – a big lovely hug. I think that is *hyggeligt*. Darkness can be bloody *hyggeligt*" - Martin



I use light to create a presence beyond my own. It is not something that I have previously been so conscious about. I have been studying for exams and my boyfriend has been away for some time now. I've been sitting in the office, writing, sitting there, and still I just kept the light on in the living room. It is not an excessive light, it is not glowing vividly, just a little bit. Enough for me to feel that I am not alone. That's how I feel. Just a little bit of light in the living room makes me feel like something else is there [.] it is a presence that is not human. [.] I think I feel that there is someone other than just me, if I put this light on. I can't put my finger on what it is'

- Anna

#### Sociality of light

"I find it so cosy (*hyggeligt*), when a little bit of light reaches the inside from out there. In the same way, I love to see the light on the other side of the street and see that people are at home. In this way, there is a little bit of life around me, and I can see that I am not the only one awake around midnight. Light offers a sense of secureness (*tryghed*) and community (*fællesskab*)." Nicole



## Living with Nordic Lighting

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EB

- Homes
- Urban Spaces
- Public Buildings
- Designers



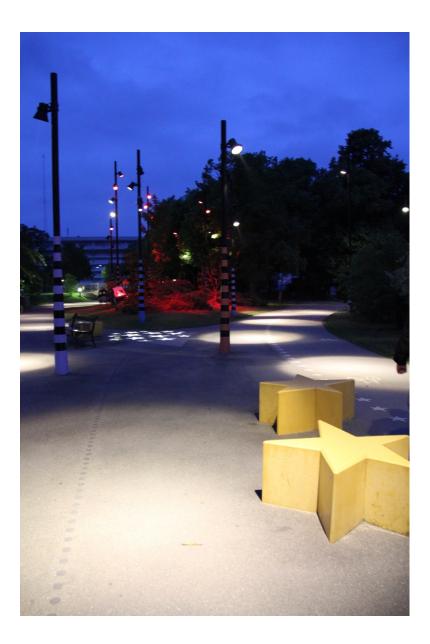
### Homes - Qualifying Boundaries



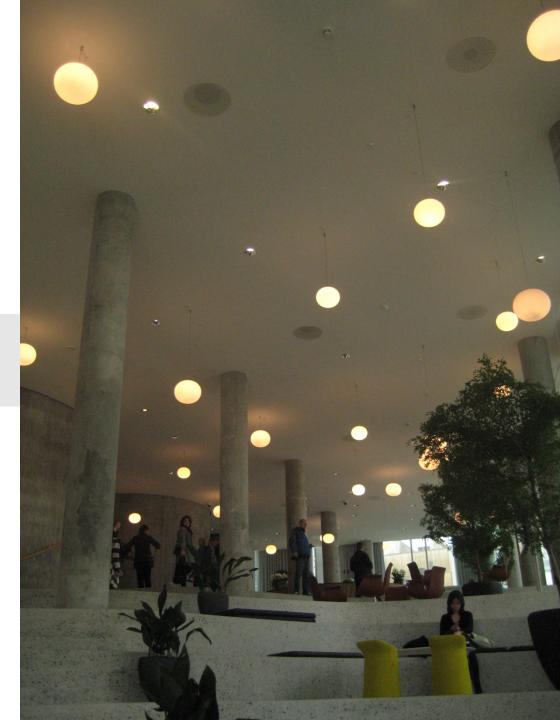
## Qualifying urban atmospheres

Atmospheric story telling





### Qualifying Architectural Atmospheres



#### Qualifying atmospheres in design





## Summation

