

# **Local Emergency Plan**

**AAU CPH**



**AALBORG  
UNIVERSITY  
COPENHAGEN**

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# INTRODUCTION

AAU CPH's local emergency plan describes how employees, students and other users of AAU CPH should act to prevent and reduce physical and material damage during and after a fire, accident or other emergency.

Emergency response at AAU is organised according to the following hierarchy:

1. AAU's emergency policy
2. AAU's general emergency plan
3. Local emergency plans

AAU CPH's local emergency plan is the third level of AAU's emergency response and is based on the emergency policy and the general emergency plan. The aim of the local emergency plan for AAU CPH is to expand and specify the general emergency plan with conditions specific to AAU CPH.

Please take the time to read the local emergency plan, so you will know how to act in case of an emergency. The local emergency plan must be followed, but you must always exercise common sense and avoid endangering yourself.

The AAU CPH campus director and AAU's Central OHS Section are responsible for ensuring that the local emergency plan is in line with AAU's emergency policy and that it is made available to staff, students and affiliated business partners.

You can always find the latest revised version of the local emergency plan, AAU's general emergency plan and general information about emergency response on [www.arbejdsmiljoe.aau.dk/](http://www.arbejdsmiljoe.aau.dk/)

Martin Vive Ivø  
Campus Director AAU CPH

# RAISING THE ALARM

You should raise the alarm in the event of:

- accident, fire or serious crime.
- danger to personal safety, property or the environment (including bomb threats).
- urgent need for an ambulance, fire department, police or environmental authorities.

In the event of any of the above incidents, you must follow the five steps described in AAU's general emergency plan:

## 1) Provide safety

- a. If possible, stop or limit fire/accident/injury.
- b. Locate important equipment on the emergency exit plan.
- c. Keep calm, and avoid endangering yourself or others.

## 2) Call 112

- a. State your name and location.
- b. Provide information about the incident; what has happened and how many people have been injured or are in danger.
- c. Provide the telephone number you are calling from.

## 3) Provide first aid

- a. Find a defibrillator or other first aid equipment.

## 4) Evacuate the building

- a. Follow the evacuation procedures and instructions of your internal emergency team, who will be wearing yellow and orange vests.

## 5) Call AAU CPH's emergency phone number (+45) 99 40 36 00

- a. Repeat the information stated in step 2.
- b. Confirm that you have already called 112.

## AAU CPH addresses

When calling 112 or AAU's internal emergency phone number, state the following addresses:

Building A:	A.C. Meyers Vænge 15, 2450 København SV
Building B:	Frederikskaj 12, 2450 København SV
Building C:	Frederikskaj 10B, 2450 København SV

# WARNING SYSTEMS

At AAU CPH there are several systems that alert you of incidents, which require you to remain calm or leave the building.

## Warning systems

- **The voice alarm** is a speaker system that provide information and instructions for people in the specific area.
- **The sound alarm** is a speaker system that will sound in case of an emergency. The sound alarm system will also notify the G4S security guard or the facility supporters. Upon hearing the sound alarm, you must leave the building using the nearest emergency exit.
- **Raising the alarm by shouting** can be used and may be nessecary to alert those staying in an unsafe area to urge them to leave the area.

The voice alarm and the sound alarm works on the basis of zoning. Only people staying in the zone where the alarm sounds must leave the building. If you are not alerted, you should not take any further action.

For events taking place by the waterfront or outside campus buildings, the alarm should be raised by shouting.



### Fire alarms

Several pressure-sensitive fire alarm call points are located around campus (see picture). Break the window and press the button, and the alarm will activate the fire alarm and/or voice warning system.

The fire brigade is called when a fire alarm goes off.

# EVACUATION PROCEDURES

If it is unsafe to stay in a building, evacuate the building immediately. If possible, activate the warning system or raise the alarm by shouting.

When evacuating, follow the steps below:

- 1. Leave the building** as soon as possible by using the nearest safe exit or escape route as instructed by the evacuation leader (wearing a yellow vest).
- 2. Go to the nearest assembly point** by going around the building (if it is safe).
- 3. Remain at the assembly point** until the assembly point leader (wearing an orange vest) or the authorities have given permission for you to re-enter the building.

## Evacuation vests

When evacuation is required, employees at AAU CPH will put on yellow and orange evacuation vests and support the evacuation procedures (see internal emergency team page 7). Always follow instructions of people wearing evacuation vests.



### Evacuation leader (yellow vest)

The evacuation leader will instruct you on leaving the building and ensure that the area is searched for any remaining people.



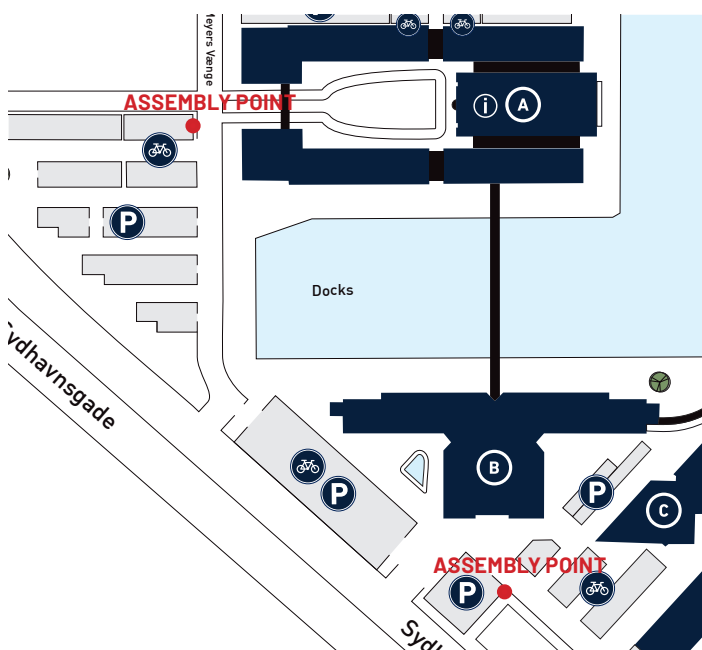
### Assembly point leader (orange vest)

The assembly point leader will meet you at the assembly site, handle communication with the authorities and update you on when it is safe to re-enter the building.



## Assembly points during evacuation

AAU CPH has two assembly points, that should be used during evacuations. They are marked by green signs and placed in a short distance from the buildings. Be aware, not to block traffic at the assembly points.



### Assembly point at building A

At the bike parking in front of A.C. Meyers Vænge 15.



### Assembly point at building B and C

The parking lot between Frederikskaj 12 og 10B.

# INTERNAL EMERGENCY TEAM

Evacuation at AAU CPH is supported by an 'internal emergency team', where employees on their own initiative function as evacuation and assembly point leaders.

When you - as an employee - become aware of a situation that requires evacuation, make sure that the roles of evacuation and assembly point managers are fulfilled in your area. If not, follow the steps below:

**1. Locate evacuation case.**

**2. Put on an evacuation vest.** Yellow vest (evacuation leader) is first priority and orange vest (assembly point leader) is second priority.

**3. Follow instructions** from the evacuation holder.

Teaching staff are obliged to act as evacuation leaders to ensure their students safety and get them to the assembly points.



### Evacuation case

Evacuation cases with evacuation vests and instructions are located in all hallways and the rotunda areas. The evacuation cases are green with a white star on them.



#### Instructions: Evacuation leader

1. Put on the yellow vest. Begin evacuation. Do not endanger yourself.
2. Ensure that everybody in your evacuation area leaves the building and goes to the assembly point. Point out safe escape routes, if necessary.
3. Make sure that your area is fully searched, and that everybody gets out. Close all doors and windows, if possible.
4. Ensure that people in adjacent areas are informed about the evacuation.
5. Go to the assembly point and give the assembly point leader (orange vest) a status for the evacuation. Report about conditions in your evacuation area.
6. Stay at the assembly point.



#### Instructions: Assembly point leader

1. Put on the orange vest. Go to the assembly point.
2. Receive the evacuees. Make sure that people from the same evacuation area stays together at the assembly point.
3. Get relevant information from the evacuees about missing persons and about conditions in the evacuation area.
4. Receive status from the evacuation leader (yellow vest).
5. Brief the on-site commander from the police or the emergency service about any missing persons and about conditions in the building.
6. Relay relevant information to the evacuees. Stay at the assembly point.

# FIRE

In case of a fire, you must follow AAU's instructions for raising the alarm (page 4). This means, among other things, that you must try to limit or extinguish the fire.

Only try to fight the fire, if it is safe for you to do so.

- Turn off electricity if possible.
- Close all doors and windows (do not lock doors).
- Use an appropriate fire extinguisher to extinguish the fire.

At AAU CPH, the following types of fire extinguishers are available:



### Carbon dioxide extinguisher

The carbon dioxide extinguisher can be used on fires in electric equipment, liquids and gases.



### Water fire extinguisher

The water extinguisher can be used on fires in paper, wood, and textiles.



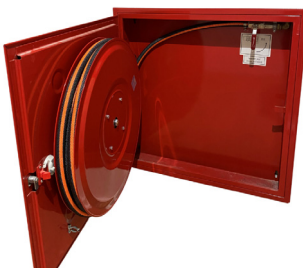
### Watermist fire extinguisher

Watermist fire extinguisher  
Can be used on fires in paper, wood and textiles.



### Fire blanket

The fire blanket can be used on all types of fires. The fire suffocates and isolates the fire.



### Fire hoses

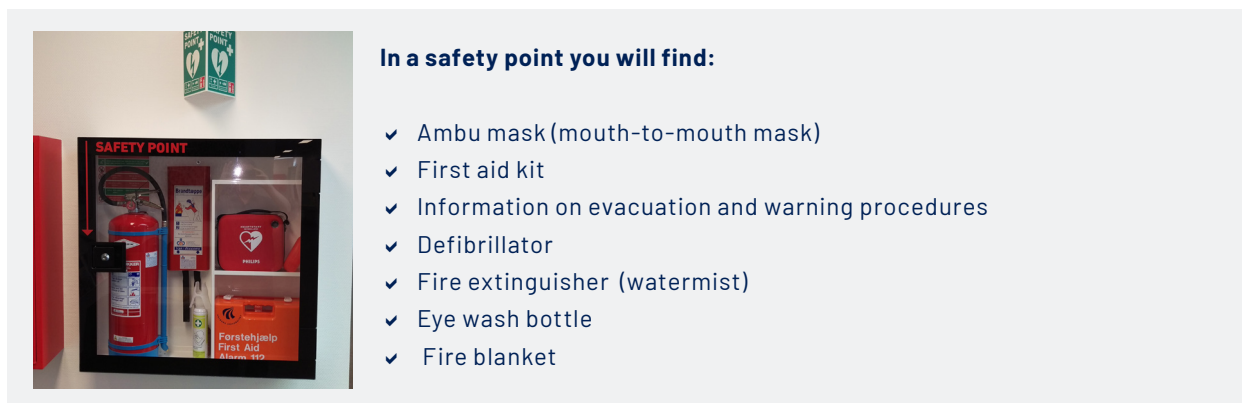
In addition to the above types of extinguishing equipment, red fire cabinets with hose winders (fire hoses) that can be used to extinguish fires, have been installed throughout the campus.



# SAFETY POINTS

At AAU CPH there are several safety points. A safety point is a cabinet containing fire- and first aid equipment.

Safety points may be opened by everyone and will not sound an alarm when opened.



You will find safety points at the following locations:

## Building A

- Ground floor: The aisle by room 0.045.
- Second floor: The foyer area by the elevator in the rotunda.
- Third floor: By the elevators in the rotunda.
- Fourth floor: By the elevators in the rotunda.
- Fifth floor: By the elevators in the rotunda.

## Building B

- Ground floor: The foyer area by the staircase to the canteen.
- First floor: In the foyer by the staircase.
- Second floor: In the foyer by the staircase.

## Building C

- Ground floor: In the foyer area.
- Second floor: At the laboratory.

# DROWNING ACCIDENTS

If a person falls in the water and is at risk of drowning, make use of the lifebuoys and rescue ladders set up on the quayside.

The rescue ladders are painted orange so that they are visible in the water. If the person is not able to swim to the nearest ladder, throw them a lifebuoy.



**Lifebuoy**



**Rescue ladder**

## **Danger of life**

If a person in the water is in a life-threatening situation, follow the alarm instructions (see page 4). First aid equipment and defibrillators can be found in the safety points on campus.

# VIOLENCE AND THREATS

## Impulsive acts of violence

If you witness an impulsive act of violence, follow these steps:

1. **Secure yourself** - distance yourself from the offender and get out of reach, e.g. by entering a secure room.
2. **Call 112.**
3. **Provide first aid.** Help injured persons without putting yourself at risk.
4. **Evacuate the building.**
5. **Call AAU CPH's emergency phone number** (+45) 99 40 36 00.

## Reporting threats and violence

Employees who have received threats or been subjected to violence must inform their immediate manager of the incident as soon as possible. The manager must report the incident to the campus director. The campus director will then consult with the victim and, if necessary, the rector's office, to make an assessment as to whether the university should notify the police.

Incidents with threats or violence against an employee must subsequently be assessed by the section of occupational health and safety. The manager must report any injuries as work-related injuries to [arbejdsmiljoesektion@adm.aau.dk](mailto:arbejdsmiljoesektion@adm.aau.dk).

Students who experience threats or violence while staying at AAU CPH can report the incident to their head of department.

You will find more information on how to handle specific incidents in AAU's general emergency plan: [arbejdsmiljoe.aau.dk/beredskab/](http://arbejdsmiljoe.aau.dk/beredskab/)

# ARMED ATTACKS

## Shootings and other life-threatening attacks

If you witness a life-threatening attack, like shootings or knife-attacks, remember these steps:

1. **Run** to a safe place. If you can not run, then...
2. **Hide** - it is always better to hide than confront the perpetrator.
3. **Tell**. Alert 112 og follow AAU CPH's procedures for raising the alarm (page 4) - but only when it is safe to do so.

### Other helpful behaviour during the incident

- Hide in a room with solid doors, that can be closed (not glassdoors).
- Barricade doors and close windows, if you are hiding in a defined room.
- Stay out of sight from windows and hallways and avoid making noise.
- Put your phone on silent mode and disable vibration.
- Never touch a weapon, as it might complicate police intervention and investigation.

### After the incident

- Provide first aid treatment to those who have been wounded or injured.
- Do not leave your hiding spot until the police or campus management give notice through the voice warning system or by call.
- After the incident everyone gathers for debriefing and emergency crisis assistance is initiated.