

# Semester Description of Study Programme at Aalborg University

#### Semester description for 1<sup>st</sup> semester, Master in Sports Technology, Autumn 2019

#### Semester details

Department for Health Science and Technology Study board for Health, Technology and Sports Science Curriculum for the Master's programme in Sports Technology

#### Semester framework theme

This should include an elaborated description in a prose form of the focus of the semester, activities implemented to fulfil the competence objectives and the thematic(s) of the semester. In other words, the semester description includes the "framework theme" that the students will be exposed to during the semester. The role of the semester and its contribution to students' academic progression should also be described.

The theme of this semester is instrumentation and performance assessment in sports and exercise. The students will be provided with knowledge and skills about measurement techniques and their application in the field of sports technology. There are 2 compulsory courses which will cover the basic technologies used for performance measurements as well as fundamental information on data analysis and interpretation. These two courses will be mainly taught in the first 6-7 weeks of the semester coupled with practice and seminar sessions later in the semester. Following these courses, in the second 6-7 weeks, two elective courses are offered, of which each student choses 1 course, which cover 'advanced data analysis techniques' or 'modelling of human function' as indicated in the respective course descriptions. The students will be informed that the two elective course are actually meant to be chosen based on their personal discretion noting their requirements of their project. The students should <u>not</u> feel obliged to follow both elective courses and should note the preparation time for each course. It is the aim of this structure to equip the students with background knowledge and skills to be able to work self-guided in the project module.

## Semester organisation and time schedule

This must be a short description the of the different activities of the semester, their mutual connections and the way in which they support each other and also support students in reaching their goals; such activities may be study trips, internship periods, project modules course modules, including laboratory activities, cooperation with external stakeholders, possible cross-disciplinary cooperation relations, any guest lectures and other events.

Both obligatory courses will comprise several course-activities in which lectures and practice tasks are combined in the first part of the course. These practice units will include laboratory or applied demonstrations including data collection and analysis on small applications. In the second half of both courses, more extensive laboratory sessions will be included which require more complex data analysis, e.g., with synchronized data collection from multiple systems. The analysis of these data and interpretation of results will be conducted in groups and be discussed in plenum together with the teachers to be presented at a final seminar session around halfway through the semester.

Due to the construct of learning outcomes in each of the courses, the students will experience that they use their gained knowledge and skills in one course in another course. Even though this may seem overlapping content between the two courses, this overlap is deemed important for reinforcing the learning in providing the whole picture in applied scenarios. Nevertheless, the teaching curriculum is planned to minimize an unnecessary overlap between courses.

The 2 elective courses will be introduced in the beginning of the semester, but will for the main part be scheduled after the compulsory courses and will follow a similar general structure as for the compulsory courses. Both elective courses will perpetuate and widen the knowledge, skills and competences obtained in the compulsory courses to enable the students to obtain the intended learning outcomes of the project module. It is part of the project module to learn to present results in a scientifically concise manner and to discuss these results within a broad background and to critically reflect on the implications of these results.

## Semester coordinator and secretariat assistance

Names of anchor person (teaching staff), course coordinator, semester coordinator (or similar title) and secretariat assistance provider(s).

Semester coordinator: Afshin Samani, <u>afsamani@hst.aau.dk</u>, Department of Health, Science and Technology. Semester secretary: Berit Lund Sørensen, <u>blc@hst.aau.dk</u>, School of Medicine and Health.

Student representative: Check Moodle-site of this semester.

Module title, ECTS credits (and possibly STADS code) Instrumentation and Physical Performance

15 ECTS project module

## Location

Master, Sports Technology, 1<sup>st</sup> semester Study Board for Health, Technology and Sports Science

# Module coordinator

The academic staff member responsible for the organisation and execution of the module. The module leader may be the same person as the semester coordinator. If a person responsible for exam is pointed out, please state name and e-mail address here.

Module coordinator: Afshin Samani, <u>afsamani@hst.aau.dk</u>, Department of Health, Science and Technology Responsible for individual projects: the respective supervisor/co-supervisor.

#### Type and language

Module type (e.g. study subject module, course module, project module etc.) Language of instruction.

#### Project module.

The project report (article plus worksheets) can be communicated in Danish or English language. Presenting the project results in form of a scientific article is mandatory and the students are to consult with their supervisor regarding the scientific presentations.

## Objectives

Description of the content and objectives of the course as regards learning objectives of the students in the module. This comprises a transcript of the knowledge, skills and competences described in the study regulations and curriculum. Reference can be made to elaborations on semester Moodle site.

## From Curriculum:

## Students who complete this project module:

#### Knowledge

- Have knowledge about technologies used in sports
- Can explain the scientific communication processes related to scientific conference presentations
- Can explain the process of and criteria for peer reviewed scientific communication

#### Skills

- Can apply relevant techniques to analyse movement in relation to physical performance
- Can apply signal processing methods of data in relation to physical performance or can apply musculoskeletal modelling techniques within Sports Science
- Can discuss and perform biomechanical recordings and processing methods
- Can demonstrate ability to communicate the main points of a research project in a written abstract for a scientific meeting
- Can demonstrate an application of a recent technology within Sports Science
- Can demonstrate ability to structure a presentation of new scientific knowledge in written and oral forms

## Competences

- Can evaluate choice of methods and technologies in relation to the research problem
- Can critically evaluate research results in relation to physical performance

Academic content and conjunction with other modules/semesters

A brief and general description of the academic content of the module as well as the basis and motivation for the module; i.e. a brief review of the content and foundation of the module.

The intention is to provide students with an overview of each module and to create understanding of the module in relation to the semester and the entire programme.

The project module provides the students the opportunity to apply the knowledge and skills obtained in the course modules of this semester to a specific problem within the theme of this semester. What to apply depends on the project proposal and the choice of methods in the project work.

A project catalogue is provided in Moodle to inform the students about relevant problems to address within the scope of the project module learning objectives. The project supervisors are academic staff of the Department of Health Science and Technology and the Department of Materials and Production.

The project must be submitted in the form of an article with accompanying work sheets written either in English or Danish. The article should meet the criteria for common scientific publications (check one of the relevant journals for details regarding format, word count, figures etc.). The additional work sheets should underpin and deepen elements of the article and cover other learning from the module, not addressed in the article (see the section Dimensions).

# Scope and expected performance

The expected scope of the module in terms of ECTS load. This comprises number of teaching hours, exercises, preparation time, travel activity (if applicable) etc.

The ECTS load for this module is 15 ECTS, corresponding to appr. 450 hrs of work for each student. This includes all components of project work including supervisory meetings, reading, experimental work, data analysis, report writing, preparation of project presentation.

Estimated time consumption (the following times for individual components are estimates and only serve for orientation; in practice these times will depend on the type and character of the project, the group size and other factors):

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- Project planning/experimental design (within groups)/supervisory meetings: 80 hrs
- Reading: 50 hrs
- Pilot testing: 40 hrs
- Data collection: 80 hrs
- Data analysis: 100 hrs
- Report writing: 70 hrs
- Exam preparation/exam: 30 hrs

# Participants

Indication of the participants in the module, particularly if they include several year groups, programmes or another type of co-teaching.

All students enrolled in the Master program in Sports Technology.

## Prerequisites for participation

Description of the prerequisites for students' participation in the course, i.e. previous modules/courses in other semesters etc. The overall intention is to emphasise the coherence of the programme. This may be a transcript of the text in the study regulations and curriculum.

Students should have a BSc degree in sports science, engineering or other related degrees; eligibility will be assessed by the study board prior to enrolment into the program.

# Module activities (course sessions etc.)

The project module is conducted as a group work based on problem-based learning (<u>http://www.aau.dk/digitalAssets/62/62747\_pbl\_aalborg\_modellen.pdf</u>).

A catalogue with project proposals will be published in Moodle approx. 2 weeks prior to semester start and presented by the semester coordinator on the first day of the semester. The proposals are made by the supervisors.

Students are expected to use the project catalogue for inspiration and to form groups. The process of group formation will be initiated on the first day of the semester and completed in a seminar organised during week two of the semester,

Thereafter, students will work as a group on outlining a project plan, select measurement methods, derive and apply methods for data analysis, compile the results to be presented in the project report and to critically discuss these findings and their implication in a bigger context. Part of the planning process is to book access to laboratories. More information is available in Moodle.

The conduction of this project will be based on and linked to the contents of the compulsory and elective courses of this semester and feedback from a supervisor.

During the semester, a status seminar will be organised, where the students receive and provide feedback regarding their project works according to specific learning outcomes. Criteria will be published in Moodle.

# Examination

The project exam is held according to "<u>Guide to group based project exams</u>" as regards to the form. The examination is based on the learning outcomes from the curriculum and the interpretation in the semester description.

Further, the exam plan is available at www.smh.aau.dk.

**Module title, ECTS credits (and possibly STADS code)** Applied Technology and Measurement Techniques in Sports 5 ECTS course module

#### Location

Master, Sports Technology, 1<sup>st</sup> semester Study Board for Health, Technology and Sports Science

# Module coordinator

The academic staff member responsible for the organisation and execution of the module. The module leader may be the same person as the semester coordinator. If a person responsible for exam is pointed out, please state name and e-mail address here.

Afshin Samani, afsamani@hst.aau.dk, Department of Health Science and Technology

#### Type and language

Module type (e.g. study subject module, course module, project module etc.) Language of instruction.

Course module. Instruction may be in English and Danish.

#### Objectives

Description of the content and objectives of the course as regards learning objectives of the students in the module. This comprises a transcript of the knowledge, skills and competences described in the study regulations and curriculum. Reference can be made to elaborations on semester Moodle site.

## From Curriculum:

## Students who complete this module:

#### Knowledge

- Have knowledge about performance assessment methods used in sports
- Have knowledge about the general principles behind the sensors and transducers used to assess performance
- Have knowledge about the sources and magnitudes of error in relation to assessment methods
- Have knowledge about how technology has contributed to the development of sports
- Have knowledge about ethical implications of using or misusing technology in sport

#### Skills

- Can design an experimental protocol in regard to given research question or practical problem
- Can transfer series of raw data into meaningful quantities
- Can critically discuss the appropriate use of sport technology

## Competences

- Can compare and critically evaluate measurement results on technical interventions
- Can evaluate sports technology findings in regard to their importance for individual athletes, the sport and the society

## Academic content and conjunction with other modules/semesters

A brief and general description of the academic content of the module as well as the basis and motivation for the module; i.e. a brief review of the content and foundation of the module. The intention is to provide students with an overview of each module and to create understanding of the module in relation to the semester and the entire programme.

This course is intended as an introductory course to the sports technology program. It will provide an overview of relevant topic areas with particular focus on measurement technology ranging from standard laboratory techniques to applied mobile data sensor technology. The students will be confronted with a spectrum of applications for sports technology ranging from sports technology and performance to sports

technology and society. In parallel, measuring principles and data analysis techniques will be reviewed, applied and structured in a general context.

## Scope and expected performance

The expected scope of the module in terms of ECTS load. This comprises number of teaching hours, exercises, preparation time, travel activity (if applicable) etc.

The ECTS load for this module is 5 ECTS, corresponding to 150 hrs of work. This includes contact hours, reading, solving of questions and tasks for practice parts of mini-modules as well as data analysis and presentation preparation for student-teacher seminars.

Estimated times for course components: Confrontation/lectures & practice sessions: 35 hours Preparation: 10 hours Reading: 50 hrs Data analysis and presentation preparation: 35 hours Presentation, exam preparation and exam: 20 hours

## Participants

Indication of the participants in the module, particularly if they include several year groups, programmes or another type of co-teaching.

Students in the course are from the first semester of the Sports Technology MSc program.

#### Prerequisites for participation

Description of the prerequisites for students' participation in the course, i.e. previous modules/courses in other semesters etc. The overall intention is to emphasise the coherence of the programme. This may be a transcript of the text in the study regulations and curriculum.

The module requires pre-qualifications corresponding to the curriculum in biomechanics at the BSc education in sports science.

## Module activities (course sessions etc.)

Definition of activities

- Lecture a 30-90 minutes presentation by teacher, potentially including small exercises or tasks to be solved in small groups
- Student/teacher seminar a scheduled activity where students present a task or review on a specific topic where they discuss and receive feedback from fellow students and teachers
- Laboratory demonstration/data collection in groups a practical session held in one of the laboratories to introduce the students to equipment and laboratory rules and to perform example data collections
- **Mini project** a more comprehensive task or topic to prepare a presentation and short report on a predefined topic
- Data analysis block-period of data analysis to apply and practice the skills needed for project work; typically self study
- Self study a period where the students are asked to review contents or work on a given subject area to gain or make sure to have the necessary prerequisites to be able to fulfil a planned task/section of the course; it is to the students choice and own responsibility if this is done individually or in groups.

Activity -	Planned	Learning goals from
type and title	instructor*	curriculum
Lecture: Overview on sports technology and performance	Anderson Oliveira/ Afshin Samani / Uwe Kersting	Have knowledge about performance assessment methods used in sports

Mini project: Contribution of technology to advance of sport	Self study	Have knowledge about how technology has contributed to the development of sports
Student-teacher seminar : presentation of mini project	Afshin Samani/ Anderson Oliveira	Can evaluate sports technology findings in regard to their importance for individual athletes, the sport and the society Have knowledge about ethical implications of using or misusing technology in sport
Lecture: Measurement chain: Sensors, Amplifiers, Filters (analogue) Processing, digital filters, etc. EMG - measurement and data treatment	Afshin Samani/Pascal Madeleine	Have knowledge about the general principles behind the sensors and transducers used to assess performance Have knowledge about the sources and magnitudes of error in relation to assessment methods
Lecture: Programming (data types (e.g. vectors, arrays), flow of data recording, flow control, functions and error handling)	Pascal Madeleine	Can design an experimental protocol in regard to given research question or practical problem Can transfer series of raw data into meaningful quantities Can critically discuss the appropriate use of sport technology
Laboratory demonstration/data collection in groups	Anderson Oliveira /Afshin Samani	Have knowledge about the general principles behind the sensors and transducers used to assess performance Have knowledge about the sources and magnitudes of error in relation to assessment methods
Data analysis: Work on the example data collected during lab demonstration	Self study – prepare report for assignment	Can transfer series of raw data into meaningful quantities
Student-teacher seminar: Data presentation using computer tools -I (this module is relevant for both compulsory courses in this semester)	Anderson Oliveira/Afshin Samani	Can transfer series of raw data into meaningful quantities Can compare and critically evaluate measurement results on technical interventions
Student-teacher seminar: Data presentation using computer tools - II (this module is relevant for both compulsory courses in this semester)	Anderson Oliveira/Afshin Samani	Can transfer series of raw data into meaningful quantities Can compare and critically evaluate measurement results on technical interventions
Lecture: Selected sport specific sensors and sensor applications	Uwe Kersting	Have knowledge about the general principles behind the sensors and transducers used to assess performance Can critically discuss the appropriate use of sport technology Can evaluate sports technology findings in regard to their importance for individual athletes, the sport and the society
Lecture/Seminar: Sports technology in societal and industrial contexts	John Rasmussen	Have knowledge about how technology has contributed to the development of sports Can evaluate sports technology findings in regard to their importance for individual athletes, the sport and the society Have knowledge about ethical implications of using or misusing technology in sport

Mini project: Report on selected examples from biomechanical papers of amputee sport	Self study	Can transfer series of raw data into meaningful quantities Can compare and critically evaluate measurement results on technical interventions
Student/teacher seminar: Presentation of Mini project on amputee sport	Afshin Samani	Can evaluate sports technology findings in regard to their importance for individual athletes, the sport and the society Have knowledge about ethical implications of using or misusing technology in sport

# Examination

The exam is an individual oral exam where one task which can be related to any of the activities listed above will be randomly chosen by drawing from a pile of task sheets. Within this exam task all three types learning objectives will be covered by starting with one or two questions on the background on one or two specific measurement techniques ('knowledge') and, in a second part, two more general questions on potential applications (skills) and perspectives for practical use including limitations and contextual reflections (competencies).

It is expected that students prepare a disposition for an appr. 10 min presentation on the specific measurement technique in question but also the general topic. However, it is not expected that you give a Powerpoint presentation during the exam. You may rather use the black board or paper to illustrate or graphically exhibit your argumentation/track of thought. If you insist on using your computer it will be fine as well.

In the remaining 10 min of the exam the examiners pose questions necessary to complete the assessment

Important information:

• Please bring your student identification card/must be presented

Preparation 20 minutes

• Examination 20 minutes

Evaluation form:passed/not passedExaminer resp. for exam:Afshin SamaniInternal assessor:Mark de Zee/ Anderson Oliveira

Notes, computers and other aids are allowed.

Further, please refer to the exam plan at www.smh.aau.dk.

# Module title, ECTS credits (and possibly STADS code)

Movement Analysis 5 ECTS course module

## Location

Master, Sports Technology, 1<sup>st</sup> semester Study Board for Health, Technology and Sports Science

# Module coordinator

The academic staff member responsible for the organisation and execution of the module. The module leader may be the same person as the semester coordinator. If a person responsible for exam is pointed out, please state name and e-mail address here.

Mark de Zee, mdz@hst.aau.dk, Department of Health Science and Technology.

## Type and language

Module type (e.g. study subject module, course module, project module etc.) Language of instruction.

Course module. Instruction may be in English and Danish.

#### Objectives

Description of the content and objectives of the course as regards learning objectives of the students in the module. This comprises a transcript of the knowledge, skills and competences described in the study regulations and curriculum.

# From Curriculum:

## Students who complete this module:

## Knowledge

- Have knowledge about the methods used to assess movement on humans
- Have knowledge about the methods used to assess movement on humans
- Have knowledge about the general principles of sensor-based motion capture equipment
- Have an overview on applications of movement analysis

## Skills

- Can design, plan and prepare a motion capture session using an optical system
- Can compare different technological solutions to motion capture in regard to minimal requirements and error sources
- Can collect and analyse data from motion capture systems by applying general tracking and data filtering techniques
- Can prepare raw data for further data analysis in modelling software

## Competences

- Can critically evaluate the limitations of motion capture data and the possible effects of these limitations on analysis results
- Can integrate motion capture analyses with other movement related data (e.g., force and electromyography) and interpret these results within the context of the research problem

**Academic content and conjunction with other modules/semesters** A brief and general description of the academic content of the module as well as the basis and motivation for the module; i.e. a brief review of the content and foundation of the module. The intention is to provide students with an overview of each module and to create understanding of the module in relation to the semester and the entire programme.

Movement analysis is one of the core topics in sports technology as the effect of technology on human body mechanics implies the use of such technology. Further, it is a technology having a great market value which

has been driven by the demands of sports and sports researchers. In particular, it provides the foundation for collecting input data for modelling.

## Scope and expected performance

The expected scope of the module in terms of ECTS load. This comprises number of teaching hours, exercises, preparation time, travel activity (if applicable) etc.

The ECTS load for this module is 5 ECTS, corresponding to appr. 150 hrs of work for each student. This includes contact hours, reading, solving of questions and tasks for practice parts of mini-modules as well as data analysis and presentation preparation for student-teacher seminars.

Estimated times for course components: Confrontation/lectures & practice sessions: 35 hours Preparation: 10 hours Reading: 50 hours Data analysis and presentation preparation: 35 hours Presentation, exam preparation and exam: 20 hours

#### Participants

Indication of the participants in the module, particularly if they include several year groups, programmes or another type of co-teaching.

Students in the course are from the first semester of the Sports Technology MSc program.

# Prerequisites for participation

Description of the prerequisites for students' participation in the course, i.e. previous modules/courses in other semesters etc. The overall intention is to emphasise the coherence of the programme. This may be a transcript of the text in the study regulations and curriculum.

The module requires pre-qualifications corresponding to the curriculum in biomechanics at the BSc education in sports science.

#### Module activities (course sessions etc.)

Definition of activities

- Lecture a 30-90 minutes presentation by teacher, potentially including small exercises or tasks to be solved in small groups
- Student/teacher seminar a scheduled activity where students present a task or review on a specific topic where they discuss and receive feedback from fellow students and teachers
- Laboratory demonstration/data collection in groups a practical session held in one of the laboratories to introduce the students to equipment and laboratory rules and to perform example data collections
- **Mini project** a more comprehensive task or topic to prepare a presentation and short report on a predefined topic
- Self study a period where the students are asked to review contents or work on a given subject area to gain or make sure to have the necessary prerequisites to be able to fulfil a planned task/section of the course; it is to the students choice and own responsibility if this is done individually or in groups.
- Data analysis block-period of data analysis to apply and practice the skills needed for project work; typically self study

Activity -	Planned	Learning goals from
type and title	instructor*	curriculum
Lecture: Overview of the field and the rest of the course	Mark de Zee	Have knowledge about the methods used to assess movement on humans Have knowledge about the methods used to assess movement on

		Have knowledge about the general principles of sensor-based motion capture equipment
Self study: Repetition of basic biomechanics		Have an overview on applications of movement analysis Can prepare raw data for further data analysis in modelling software
Student/teacher seminar: Repetition of basic biomechanics	Mark de Zee	Have an overview on applications of movement analysis Can prepare raw data for further data analysis in modelling software
Lecture: Intro in Motion capture based on optical systems (passive markers, active markers, markerless) and force plates	Uwe Kersting/Anderson Oliveira	Have knowledge about the general principles of optical motion capture systems
Lab demo Qualisys system + data collection	Mark de Zee /Anderson Oliveira	Have knowledge about basic methods of image analysis and data reduction Can collect and analyse data from motion capture systems by applying general tracking and data filtering techniques Can prepare raw data for further data analysis in modelling software
Lecture: Intro to motion capture based on intertial sensors + lab demo	Mark de Zee/Anderson Oliveira	Have knowledge about the general principles of sensor-based motion capture equipment Have an overview on applications of movement analysis
Data collection in groups – practical laboratory guidelines	Self study (Mark de Zee/Anderson Oliveira)	Can collect and analyse data from motion capture systems by applying general tracking and data filtering techniques Can prepare raw data for further data analysis in modelling software
Student-teacher seminar: Data presentation using computer tools -I (this module is relevant for both compulsory courses in this semester)	Anderson Oliveira	Can transfer series of raw data into meaningful quantities Can compare and critically evaluate measurement results on technical interventions
Student-teacher seminar: Data presentation using computer tools - II (this module is relevant for both compulsory courses in this semester)	Anderson Oliveira	Can transfer series of raw data into meaningful quantities Can compare and critically evaluate measurement results on technical interventions
Lecture: Kinematic models and data processing Introduction to the assignment.	Mark de Zee	Have knowledge about the methods used to assess movement on humans Have an overview on applications of movement analysis
Lecture: Classical Inverse dynamics plus intro forward dynamics	John Rasmussen	Have knowledge about the methods used to assess movement on humans
Self study: 2D inverse dynamics in MatLab	Self study in groups	Can integrate motion capture analyses with other movement related data (e.g., force and electromyography) and interpret these results within the context of the research problem
Lecture: Data Interpretation - output parameters	Uwe Kersting/Anderson Oliveira	Have knowledge about the methods used to assess movement on humans

and energetic calculations		Can integrate motion capture analyses with other movement related data (e.g., force and electromyography) and interpret these results within the context of the research problem	
Student teacher seminar: Further 2D processing in MatLab	Mark de Zee / Anderson Oliveira	Can design, plan and prepare a motion capture session using an optical system Can compare different technological solutions to motion capture in regard to minimal requirements and error sources	

# Examination

Exam type: individual oral.

The students have the opportunity to hand in a mini project report about the 2D inverse dynamics assignment in MatLab. The student must hand in the report for review before a deadline announced in the course in digital exam. If a mini project report is handed in, the examination will be a discussion particular related to the work presented in the report and also the learning objectives in general. Note that the exam questions will not be about MatLab, but about the theory behind your calculations. In the absence of a mini project report, the student will be examined in randomly chosen learning objectives.

Evaluation form:	Passed/not passed
Examiner resp. for exam:	Mark de Zee
Internal assessor:	Uwe Kersting/Anderson Oliveira

The student identification card must be presented

Additional information: Notes, computers and other aids are allowed. 20 minutes examination – no time for preparation.

Further, please refer to the exam plan at <u>www.smh.aau.dk</u>.

#### Module title, ECTS credits (and possibly STADS code)

A: Modelling of Human Function 5 ECTS course module

## Location

Master, Sports Technology, 1<sup>st</sup> semester Study Board for Health, Technology and Sports Science

# Module coordinator

The academic staff member responsible for the organisation and execution of the module. The module leader may be the same person as the semester coordinator. If a person responsible for exam is pointed out, please state name and e-mail address here.

John Rasmussen, <u>ir@mp.aau.dk</u>, Department of Materials and Production.

# Type and language

Module type (e.g. study subject module, course module, project module etc.) Language of instruction.

Course module. Instruction may be in English and Danish.

## Objectives

Description of the content and objectives of the course as regards learning objectives of the students in the module. This comprises a transcript of the knowledge, skills and competences described in the study regulations and curriculum. Reference can be made to elaborations on semester Moodle site.

# From Curriculum:

# Students who complete this module:

## Knowledge

- Have knowledge about simulation methods useful in sports
- Have knowledge about the assumptions and limitations of the methods
- Have knowledge about the connection between the model and the anatomic/physiological reality
- Can explain the general principles of modelling, simulation, verification and validation
- Can explain how the human body and its interaction with the surroundings can be analysed by means of modelling and simulation technology

## Skills

- Can apply musculoskeletal modelling techniques on problems within Sports Science
- Can apply kinematic data as input to musculoskeletal models (e.g. motion capture data)
- Can apply experimental model validation techniques

## Competences

• Can critically evaluate simulation results

## Academic content and conjunction with other modules/semesters

A brief and general description of the academic content of the module as well as the basis and motivation for the module; i.e. a brief review of the content and foundation of the module. The intention is to provide students with an overview of each module and to create understanding of the module in relation to the semester and the entire programme.

This course focuses on rigid body dynamics and its applications for kinesiology, muscle modeling and performance techniques. Modelling of human function is central to the semester's focus on the athlete

performance techniques. Modelling of human function is central to the semester's focus on the athlete and also leads up to courses in subsequent semesters about simulation of the behavior of products and their interaction with the athlete.

Scope and expected performance

The expected scope of the module in terms of ECTS load. This comprises number of teaching hours, exercises, preparation time, travel activity (if applicable) etc.

The ECTS load for this module is 5 ECTS, corresponding to appr. 150 hrs of work for each student. This includes contact hours, reading, solving of questions and tasks for practice parts of mini-modules as well as data analysis and presentation preparation for student-teacher seminars.

Estimated times for course components: Confrontation/lectures & practice sessions: 35 hours Preparation: 10 hours Reading: 50 hours Data analysis and presentation preparation: 35 hours Presentation, exam preparation and exam: 20 hours

# Participants

Indication of the participants in the module, particularly if they include several year groups, programmes or another type of co-teaching.

Participants in the course are from the first semester of the Sports Technology MSc program.

# Prerequisites for participation

Description of the prerequisites for students' participation in the course, i.e. previous modules/courses in other semesters etc. The overall intention is to emphasise the coherence of the programme. This may be a transcript of the text in the study regulations and curriculum.

The module requires pre-qualifications corresponding to the curriculum in biomechanics at the BSc education in sports science.

# Module activities (course sessions etc.)

Definition of activities

- Lecture a 30-90 minutes presentation by teacher, potentially including small exercises or tasks to be solved in small groups
- Self Study Students study a topic as individual homework or in study groups without direct assistance from the teachers
- **Student/teacher seminar** a scheduled activity where students present a task or review on a specific topic where they discuss and receive feedback from fellow students and teachers
- Assisted group study block-period of data analysis to apply and practice the skills needed for project work; self study with assistance by teachers

Activity - type and title	Planned instructor*	Learning goals from curriculum
Self study of scientific publications in the field	John Rasmussen/ Mark de Zee	Have knowledge about simulation methods useful in sports Have knowledge about the assumptions and limitations of the methods Can explain how the human body and its interaction with the surroundings can be analysed by means of modelling and simulation technology
Student/teacher seminar	John Rasmussen/ Mark de Zee	Can explain general principles of modelling, simulation, verification and validation.
Lecture: Introduction to AnyBody	John Rasmussen/ Mark de Zee	Can apply musculoskeletal modelling techniques on problems within Sports Science. Have knowledge about the connection between the model and the anatomic/physiological reality
Self study: Modeling tutorials	John Rasmussen/ Mark de Zee	Can apply musculoskeletal modelling techniques on problems within Sports Science.

Student/teacher seminar:	John	Can apply musculoskeletal modelling techniques on problems within
Human modelling	Rasmussen/	Sports Science
workshop	Mark de Zee	-F
Lecture: Motion capture	John	Can apply kinematic data as input to musculoskeletal models (e.g.
data processing	Rasmussen/	motion capture data)
	Mark de Zee	
Self-study: Introduction to	John	Have knowledge about the assumptions and limitations of the methods.
multi body biomechanics	Rasmussen/	
	Mark de Zee	
Lecture: Verification and	John	Can explain the general principles of modelling, simulation, verification
validation	Rasmussen/	and validation.
	Mark de Zee	Can apply experimental model validation techniques.
Assisted aroup study:	John	Can apply musculoskeletal modelling techniques on problems within
Estimation of muscle	Rasmussen/	Sports Science.
forces from motion	Mark de Zee	Can apply kinematic data as input to musculoskeletal models (e.g.
capture data		motion capture data).
Lecture:	John	Have knowledge about a variety of simulation methods useful in sports
Advanced geometrical	Rasmussen /	
body modeling tools: 3D	Mark de Zee	
scanning, medical		
imaging, geometrical		
modeling, morphing.		
Self study: Scan and	John	Can apply kinematic data as input to musculoskeletal models (e.g.
geometrically model a	Rasmussen /	motion capture data)
body part	Mark de Zee	
Self study: Develop a	John Deemuseer (	Have knowledge about a variety of simulation methods useful in sports.
model of numan function,	Kasmussen /	can explain the general principles of modelling, simulation, verification
possibly related to the	iviark de 266	and validation.
Student/Teacher	lohn	Cap critically ovaluate simulation results
		Can chucany evaluate simulation results
Compar' Drocontation of		
seminar: Presentation of	Rasmussen/	
models and results	Mark de Zee	

# Examination

Exam type: individual oral. Oral examination is chosen because many learning goals are related to assessment of different simulations technologies, and such assessments are too laborious to describe in writing.

The students have the opportunity to hand in a mini project report based on the models they develop in the latter part of the course. The student must hand in the report for review before a deadline announced in the course. If a mini project report is handed in, the examination will the split into two parts, one of which is discussion related to the work presented in the report and another which is discussion of a topic related to the learning objectives randomly chosen.

If the absence of a mini project report, the student will be examined in randomly chosen learning objectives.

Evaluation form: Passed/not passed Examiner resp. for exam: John Rasmussen Internal assessor: Mark de Zee

The student identification card must be presented

Additional information: Notes, computers and other aids are allowed. 20 minutes examination – no time for preparation.

Further, please refer to the exam plan at <u>www.smh.aau.dk</u>.

Module title, ECTS credits (and possibly STADS code) B: Digital Processing of Biomechanical Signals

5 ECTS course module

## Location

Master, Sports Technology, 1<sup>st</sup> semester Study Board for Health, Technology and Sports Science

## Module coordinator

The academic staff member responsible for the organisation and execution of the module. The module leader may be the same person as the semester coordinator. If a person responsible for exam is pointed out, please state name and e-mail address here.

Pascal Madeleine, pm@hst.aau.dk, Department of Health Science and Technology.

## Type and language

Module type (e.g. study subject module, course module, project module etc.) Language of instruction.

Course module. Instruction may be in English and Danish.

## Objectives

Description of the content and objectives of the course as regards learning objectives of the students in the module. This comprises a transcript of the knowledge, skills and competences described in the study regulations and curriculum. Reference can be made to elaborations on semester Moodle site.

# From Curriculum:

# Students who complete this module:

# Knowledge

- Have knowledge of a high level programming language
- Have knowledge about the basics of programming including data types, flow control, functions and error handling
- Have knowledge about mathematical functions used to solve sports technology problems with focus on data mining
- Have knowledge of the concepts, theories and techniques for estimating parameters of discrete stochastic processes
- Have knowledge of power spectral analysis of stationary stochastic processes and their limitations

## Skills

- Can develop, debug and test a computer program (e.g. MatLab) that enables processing of measurement data
- Can export the developed programs to other platforms
- Can extract relevant data from discrete biomechanical signals and large dataset

# Competences

- Can evaluate the consequences of different signal processing methods
- Can compare different signal processing methods

Academic content and conjunction with other modules/semesters

A brief and general description of the academic content of the module as well as the basis and motivation for the module; i.e. a brief review of the content and foundation of the module.

The intention is to provide students with an overview of each module and to create understanding of the module in relation to the semester and the entire programme.

This course focuses on digital processing of biomechanical signals and its applications in relation to the assessment of performance in sports. The use of pertinent digital techniques is central to the semester's

focus on the analysis and assessment of human performance and also leads up to courses in movement analysis and subsequent semesters, i.e., embedded or mobile systems and their applications in sports.

## Scope and expected performance

The expected scope of the module in terms of ECTS load. This comprises number of teaching hours, exercises, preparation time, travel activity (if applicable) etc.

The ECTS load for this module is 5 ECTS, corresponding to appr. 150 hrs of work for each student. This includes contact hours, reading, solving of questions and tasks for practice parts of mini-modules as well as data analysis and presentation preparation for student-teacher seminars.

Estimated times for course components: Confrontation/lectures, support & practice sessions: 30 hours Preparation: 30 hours Reading: 30 hrs Data processing and presentation preparation: 40 hours Presentation, exam preparation and exam: 20 hours

#### Participants

Indication of the participants in the module, particularly if they include several year groups, programmes or another type of co-teaching.

Participants in the course are from the first semester of the Sports Technology MSc program.

#### **Prerequisites for participation**

Description of the prerequisites for students' participation in the course, i.e. previous modules/courses in other semesters etc. The overall intention is to emphasise the coherence of the programme. This may be a transcript of the text in the study regulations and curriculum.

The module requires pre-qualifications corresponding to the curriculum in biomechanics at the BSc education in sports science.

## Module activities (course sessions etc.)

Definition of activities

- Lecture a 30-90 minutes presentation by teacher, potentially including small exercises or tasks to be solved in small groups
- Student/teacher seminar a scheduled activity where students present a task or review on a specific topic where they discuss and receive feedback from fellow students and teachers

Activity - type and title	Planned instructor*	Learning goals from curriculum
Lecture: Overview of the field and Introduction to a high level programming language (Matlab)	Pascal Madeleine	Knowledge about signal processing methods useful in sports and basic data processing. Handing relevant examples to sport technology in MATLAB
Lecture: Programming (data types (e.g. vectors, arrays), flow of data recording, flow control, functions and error handling)	Pascal Madeleine	Knowledge about the basics of programming including data types, flow of data recording, flow control, functions and error handling, debugging
Lecture: Time and frequency analyses.	Afshin Samani	Knowledge about Nyquist signal sampling theorem, time and frequency analyses. Methods for estimation of power spectrum, Implementation of theoretical knowledge in MATLAB and applied examples in the field of sport technology

Lecture: System	Afshin Samani	Knowledge about the system impulse response, transfer function, filter
response and filter design		types (i.e. infinite impulse response, finite impulse response) Designing filters in MATLAB and applied examples in the field of sport technology
Student/teacher	Pascal	Develop, test and explain programs based on mathematical functions
seminar	Madeleine/Afshin	in relation to sports technology
	Samani	
Student/teacher	Pascal Madalaina/Afahin	Develop, test and explain programs based on mathematical functions
Seminal	Samani	in relation to sports technology

# Examination

Exam type: Individual oral. Oral examination is chosen because learning goals are related to digital signal processing of biomechanical signals and because the students are required to test, explain and eventually debug software programs. Signal processing is difficult to describe on paper. Further, the lecturers give a lot of importance to dissemination during the course through the organized student/teacher seminars.

The students will pick a random exercise from list of exercises.

Evaluation form: Passed/not passed Examiner resp. for exam: Pascal Madeleine Internal assessor: Afshin Samani

The student identification card must be presented

Additional information:

Notes, computers and other aids are allowed. The exam or part of the exam may be in English (please note that dictionaries will not be provided) PC without network connection is allowed. 15 minutes preparation and 15 minutes examination.

Further, please refer to the exam plan at www.smh.aau.dk.